NEWSLETTER of the MID-SOUTH A.R.E. AREA TEAM FALL 2014

Register By Sept. 26 @ 6:00 PM & Receive a **Great Discount! REGISTER NOW!** 

# 43<sup>rd</sup> Annual A.R.E. Mid-South Retreat

at Montgomery Bell State Park Burns, TN (Near Nashville)

November 7 – 9, 2014

Edgar Cayce on the Wisdom of Dreams & the Nature of Healing

featuring Jerry Lazarus

# The Wisdom of Dreams: How to Interpret Your Dreams

Dreams are an integral part of spiritual awakening, and they are a natural way of knowing God and our true nature. We receive dream guidance on every aspect of our being - health, vocation, relationship, spirituality, and so many more. Nothing of significance ever happens to us without it being first previewed in our dreams. Jerry will teach you how to:

- Establish a foundation for dream work
- Recognize the 14 purposes of dreams
- Interpret dreams
- Make sense out of "bizarre" dreams
- Finhance dream recall
- Apply dream messages

# The Nature of Healing

The Cayce readings are rich with information on the spiritual nature of healing. In this portion Jerry will teach you:

- The different dynamics of healing
- The function of the Christ Spirit
- To transform mental attitudes to create a healing environment
- To use scriptural passages for awakening spiritual forces within
- To use prayer & meditation as spiritual disciplines for healing
- To tap into dreams that bring insights into health and healing

After leading a prayer-centered meditation, Jerry and the Memphis Glad Helpers will offer laying-on-of-hands healing prayers for those who wish to

## WANT TO RECEIVE EMAIL UPDATES?

If you or a friend would like to receive this newsletter and occasional updates on A.R.E. Mid-South area activities, study groups, and events you may add your email to our confidential list through our area web site http://www.carememphis.org/add-myname.html or email Lora Little at loramysteries@fastermac.net.

## YOU ARE INVITED!

TO A BBQ SOCIAL - September 20, 2014 @ 4:00 PM

at the Millington, TN home of Mary Jo Ring Special Presentation by the Speakers Team on Vibrations Please RSVP for Details

MaricarmenW@msn.com or 901.216.7002

### JOIN A CAYCE STUDY GROUP

Want to ENHANCE your ability to EXPERIENCE THE DIVINE within yourself and others & find your inner joy and peace? Join a Search for God Study Group or start one in your area. Spend time with like-minded people to find out how to work with Spirit. Explore your intuition and practice listening "soul to soul". For more info contact:

Lora Little, 901.581.4516 or <a href="mailto:loramysteries@fastermac.net">loramysteries@fastermac.net</a>

http://www.edgarcayce.org/usa/regions/countrywide.aspx



Jerry Lazarus is a spiritual life coach, speaker, & author with a master's degree in religion and meditation. He teaches a course on 'The Wisdom of Dreams' at Duke University, leads workshops & retreats across the U.S, & writes a regular column on dreams in Venture Inward magazine. His book, Dreams: Listening to the Voice of God, will be available at the retreat & book signing plus it is also available on his web site at www.jerrylazarus.com.

By emphasizing a personal & experiential approach spirituality, free of liturgical rules religious hierarchy, empowers each individual. In large groups or in individual coaching sessions, his spiritual perspective helps people turn their everyday challenges into opportunities for personal growth, moving through life with grace.

# RETREAT MINI-WORKSHOPS

Our A.R.E Speakers team will lead Saturday afternoon mini-workshops on: Edgar Cayce on Soul Groups, C.A.R.E.: Cayce's Keys to Health, **Understanding Dreams**, A.R.E.'s Atlantis Research Update & Cayce Exercises with Bernie Coomes. DOOR PRIZES, LIGHT **REFRESHMENTS & MORE!** 

#### Need a Prayer?

Visit <u>www.CareMemphis.org</u> & Click on "Prayer Request" OR Click on Link Below "Prayer Request" & the Memphis Glad Helpers Will Pray for You!